



## Praying through the Names of God

I have found great strength, courage, and hope as I pray holding on to the names, attributes, and traits of God. I lift up my weaknesses and my fears in prayer, then I ask, “What name of God would be the opposite of how I am feeling right now?” For example, if I am anxious, the opposite of that might be peace, or power, or courage. I would then look up the names of God that can replace my weakness or fear. I would read that verse and I would also look up as many verses as I could with that new “power word” in it.

In this example of trading anxiety for peace, I would look up all the verses about peace. I might string them together and personalize by placing my name in the verse. Again, an example might be, “For he himself is our peace...” (Ephesians 2:14) personalized: “For he himself is [Pam’s] peace.” Then I would pray and THANK God, “Lord, thank you that YOU are my peace. I stand in the truth that You, the Lord who calmed the storm, can calm the storm in me. Amen.”

For help finding verses, there are many Bible websites and apps. Here are a few of my favorites:

- Biblegateway.com
- BibleHub.com
- Logos Bible software and Faithlife Bible App
- Youverse Bible App

Another way to use this list of God’s names and traits is to simply place your life or situation through the grid of the names. For example, “God I know you are my advocate, my lawyer. You love me, you sacrificed and died for my sin, so I know you care about me. You are the author of my life and the finisher of my faith, so right now please shed your light and wisdom on this circumstance...” In this way, the names and attributes of God serve as a prompt to help you see God and your life more accurately. When anxious, it is comforting to be reminded that God is God and He is still King, still in on the throne of this world, and of your life and He will lead you wisely through whatever you are going through until you land safely in the center of His will . In addition, God will infuse you with His power so you can clearly hear God’s voice of leadership to guide you.

Below is a fairly long but not completely exhaustive list of the names and traits of God (first created for my book, *Becoming A Brave New Woman*). It is my hope that praying the names of God and these verses will bring you HOPE!

Advocate with the Father (1 John 2:1)  
Atoning sacrifice for our sins (1 John 2:2)  
Author and finisher of our faith (Hebrews 12:2)  
Bread of life (John 6:35)  
Bridegroom (Matthew 9:15)  
Chief cornerstone (Matthew 21:42; Mark 12:10; Ephesians 2:20; 1 Peter 2:6)  
Chosen of God (Luke 23:35)  
Christ (Luke 9:20; 23:35; Philippians 3:8; Matthew 16:16)  
Comforter (2 Corinthians 1:4)  
Counselor, Wonderful (Isaiah 9:6)  
Creator (Isaiah 40:28; 43:15; 1 Peter 4:19; Ecclesiastes 12:1)  
Deliverer (2 Samuel 22:2; Psalm 18:2; Romans 11:26)  
Door (John 10:7,9)  
Dwelling place, our (Psalm 90:1)  
Faithful and True (Deuteronomy 7:9; Revelation 19:11)  
Father of glory (Ephesians 1:17)  
Father of mercies (2 Corinthians 1:3)  
Father to the fatherless (Psalm 68:5)  
Father (Isaiah 9:6; 64:8; John 8:54; 17:11; 20:17; Deuteronomy 32:6)  
Firstborn over all creation (Colossians 1:15)  
Fortress, my (Psalm 18:2; 91:2)  
Friend of tax collectors and sinners (Matthew 11:19)  
God of hosts (*El Sabaoth*) (Psalm 80:7)  
God of my salvation (Psalm 18:46)  
God and Savior Jesus Christ, our (2 Peter 1:1)  
God Most High (Genesis 14:18)

God my Maker (Job 35:10)  
God my Rock (Psalm 42:9)  
God of Abraham, Isaac, and Jacob (Exodus 3:16)  
God of all comfort (2 Corinthians 1:3)  
God of all grace (1 Peter 5:10)  
God of all the kingdoms of the earth (2 Kings 19:15)  
God of glory (Psalm 29:3)  
God of gods (Deuteronomy 10:17)  
God of heaven (Genesis 24:3; Psalm 136:26)  
God of the living (Matthew 22:32)  
God of mercy (Psalm 59:10)  
God of my salvation (Psalm 51:14; 88:1)  
God of peace (Romans 16:20; 1 Thessalonians 5:23)  
God of truth (Psalm 31:5; Deuteronomy 32:4)  
God of the whole earth (Isaiah 54:5)  
God our Father (Ephesians 1:2)  
God our Savior (Jude 25)  
God our strength (Psalm 81:1)  
God the King of all the earth (Psalm 47:7)  
God who alone is wise (1 Timothy 1:17)  
God who avenges (Psalm 18:47; 94:1)  
God who delivers me from my enemies (Psalm 18:47-48)  
God who does wonders (Psalm 77:14)  
God who forgives (Psalm 99:8)  
God who hears prayer (Psalm 65:2)  
God who sees (Genesis 16:13)  
God, a jealous (Deuteronomy 4:24)  
God Almighty (*El Shaddai*) (Genesis 17:1)  
God, great and awesome (Daniel 9:4)

God, living and true (1 Thessalonians 1:9)  
God, merciful and gracious (Exodus 34:6)  
God, the everlasting (Genesis 21:33; Isaiah 40:28)  
Guide, our (Psalm 48:14)  
He who blots out your transgressions (Isaiah 43:25)  
He who comforts you (Isaiah 51:12)  
He who is able to present you faultless (Jude 24)  
He who is from the beginning (1 John 2:13)  
He who is ready to judge the living and the dead (1 Peter 4:5)  
He who lives forever (Daniel 12:7; Revelation 10:6)  
He who loves us and washed us from our sins (Revelation 1:5-6)  
He who reveals His thoughts to mortals (Amos 4:13)  
He who raised Christ from the dead (Romans 8:11)  
He who reveals secrets (Daniel 2:29)  
He who sanctifies (Hebrews 2:11)  
He who searches the mind and heart (Romans 8:27; Revelation 2:23)  
He who sits on the throne (Revelation 5:13)  
He who was dead and came to life (Revelation 2:8)  
Head (Ephesians 4:15; 5:23; Colossians 2:19)  
Heir of all things (Hebrews 1:2)  
Help (Psalm 27:9; 40:17; 46:1)  
Helper of the fatherless (Psalm 10:14)  
Hiding place, my (Psalm 32:7)  
High Priest forever (Hebrews 6:20)  
High Priest, great (Hebrews 4:14)

Holy One (Psalm 71:22; Isaiah 41:14; 43:15; Hosea 11:12; Luke 4:34; Acts 3:14; 1 John 2:20)  
Holy Spirit (Psalm 51:11; John 14:26; Ephesians 4:30)  
Hope, my (Psalm 71:5)  
Husband (Hosea 2:16; Isaiah 54:5)  
I AM (Exodus 3:14; John 8:58)  
Image of the invisible God (Colossians 1:15)  
Immanuel (God with us) (Matthew 1:23)  
Immortal (1 Timothy 1:17)  
Intercessor (Isaiah 53:12)  
Invisible (1 Timothy 1:17)  
Jealous (Exodus 34:14)  
Jesus Christ our Savior (Titus 3:6)  
Judge (Genesis 18:25; Judges 11:27; Psalm 7:11; 94:2; Isaiah 33:22; Acts 10:42; 2 Timothy 4:8)  
Just and mighty One (Job 34:17)  
King of kings (Revelation 19:16; 1 Timothy 6:15)  
King of the Jews (Revelation 15:3; Matthew 27:11; John 18:39; 19:9)  
Lamb of God (John 1:29; 1 Peter 1:19; Revelation 5:6-12)  
Life (John 14:6; Colossians 3:4; 1 John 5:20)  
Light (Isaiah 9:2; 42:6; 60:19; John 1:4-9; 8:12; Luke 2:32; 1 John 1:5)  
Lord (Adonai) (Psalm 54:4)  
LORD (YHWH) (Genesis 15:6)  
Lord and Savior (2 Peter 3:2)  
Lord God Almighty (Revelation 15:3)  
LORD Is Peace (Jehovah Shalom) (Judges 6:24)  
LORD Most High (Psalm 7:17)

LORD my Rock (Psalm 28:1)  
Lord of the dead and the living (Romans 14:9)  
Lord of glory (1 Corinthians 2:8; James 2:1)  
Lord of heaven and earth (Matthew 11:25)  
Lord of lords (Revelation 19:16)  
Lord of peace (2 Thessalonians 3:16)  
LORD our Maker (Psalm 95:6)  
LORD Our Righteous Savior (Jeremiah 23:6; 33:16)  
Lord our shield (Psalm 59:11)  
LORD who heals you (Exodus 15:26)  
LORD who sanctifies you (Exodus 31:13)  
LORD Will Provide (Genesis 22:14)  
Love (1 John 4:8)  
Majesty on high (Hebrews 1:3)  
Maker (Job 32:22; Psalm 95:6; Proverbs 14:31; Isaiah 54:5)  
Man Jesus Christ, the (1 Timothy 2:5)  
Man of sorrows (Isaiah 53:3)  
Master (Luke 5:5; 2 Timothy 2:21)  
Mediator of a new covenant (Hebrews 9:15)  
Messiah (John 1:41)  
Most Holy (Daniel 9:24)  
Only Son from the Father (John 1:14)  
One greater than Solomon (Matthew 12:42)  
One who is and who was (Revelation 16:5)  
One you are to fear (Isaiah 8:13)  
Peace, our (Ephesians 2:14)  
Physician (Luke 4:23)  
Potter (Isaiah 64:8; Romans 9:21)  
Power of God (1 Corinthians 1:24)  
Prophet (Matthew 21:11; John 6:14; 7:40)

Ransom for all (1 Timothy 2:6)  
Redeemer (Job 19:25; Psalm 19:14; 78:35; Proverbs 23:11; Isaiah 47:4; 63:16)  
Refiner and purifier (Malachi 3:3)  
Refuge (Psalm 9:9; 28:8; 46:1,7; Isaiah 25:4; 91:2; Jeremiah 16:19; 17:17)  
Resurrection and the life (John 11:25)  
Rock (Deuteronomy 32:4,15; 2 Samuel 23:3; Psalm 62:7; 95:1; 1 Corinthians 10:4)  
Ruler, blessed and only (1 Timothy 6:15)  
Ruler over the kings of the earth (Revelation 1:5)  
Salvation, my (Exodus 15:2; Psalm 27:1)  
Savior (2 Samuel 22:3; Isaiah 43:3; 63:8; Jeremiah 14:8; Acts 13:23; 1 Timothy 4:10; Ephesians 5:23; John 4:42)  
Servant (Isaiah 53:11; Matthew 12:18; Acts 4:27)  
Shelter for His people (Joel 3:16)  
Shepherd (Psalm 80:1; Ecclesiastes 12:11; John 10:11; Hebrews 13:20; 1 Peter 2:25; 5:4)  
Shield (Psalm 3:3; 18:2; 28:7; 33:20)  
Son of David (Matthew 1:1; Luke 20:41)  
Son of Man (Matthew 12:40; 24:27)  
Son of the Most High God (Mark 5:7)  
Son, My beloved (Mark 1:11)  
Spirit of adoption (Romans 8:15)  
Spirit of glory (1 Peter 4:14)  
Spirit of God (Genesis 1:2; Matthew 3:16)  
Spirit of grace (Hebrews 10:29)  
Spirit of holiness (Romans 1:4)  
Spirit of justice (Isaiah 28:6)  
Spirit of life (Romans 8:2)  
Spirit of truth (John 14:17; 15:26)

Spirit of wisdom and revelation (Ephesians 1:17)

Spirit who bears witness (1 John 5:6)

Spirit who dwells in us (James 4:5)

Spirit, a new (Ezekiel 11:19; 18:31)

Spirit, eternal (Hebrews 9:14)

Spring of living water (Jeremiah 2:13)

Strength to the poor (Isaiah 25:4)

Strength, my (Psalm 28:7; 73:26; 118:14)

Stronghold (Psalm 18:2; 43:2)

Teacher (Matthew 26:18; Mark 9:17; John 3:2)

Tower, strong (Psalm 61:3)

Truth, the (John 14:6)

Vine/Vinedresser (John 15:1,5)

Way, the (John 14:6)

Wisdom of God (1 Corinthians 1:24)

Word of life (1 John 1:1)

Word (logos) (John 1:1)

Adapted from *Becoming a Brave New Woman* by Pam Farrel (Eugene: Harvest House, 2012) and referenced in *Discovering Hope in the Psalms* by Pam Farrel, Jean E Jones, and Karla Dornacher (Eugene: Harvest House, 2017).